



# SRM

PUBLIC SCHOOL

A SENIOR SECONDARY SCHOOL

**Educating Minds. Enriching Lives**

*Abhivyakti*  
2022-2023

*Newsletter*

JUNE 2022

BY GRADE IX & X



# EDITORIAL TEAM



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**Ms. Vijayalakshmi Nagarajan**  
Vice Principal (Academics)



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Computer Science Teacher



**Ms. Geethanjali S**  
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**TOPAZ HOUSE CAPTAIN**



**KEZIA SARAH VIEYRA**

**TREASURER**



**RUDRAKSHYA DEB BARM**

**SCHOOL HEAD GIRL**



**PADMAJEYALAKSHMI GURUPARTHASARATHY**

**SCHOOL HEAD BOY**



**NITISH VARSHAN**

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**CULTURAL SECRETARY**



**AKASH S**

**SPORTS SECRETARY**



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**P SHREYYA**

*From The Desk Of the*  
**VICE-PRINCIPAL  
(ACADEMICS)**

## Respecting Personal Space

Have you ever wondered why we ask you to maintain an arm's distance or if someone comes too close while talking to you, you involuntarily move a step backwards?

Well, here's the reason why.

Personal space is the area around your body. It is a boundary between you and people near you. When somebody comes too close to you, you feel an intrusion into your personal space and you tend to feel uncomfortable. It was Edward Hall who distinguished typical interaction distances. In very

close intimate relationships we like to be physically very close. With friends we don't mind a distance of 18 - 48 inches, but with others we prefer inter- personal distances. Any intrusion into this invisible space surrounding us can create feelings of insecurity, leading us to become aggressive or defensive. Let us learn to respect each other's personal space. Whenever you are moving with a group of people, avoid close physical contact. If anyone shows discomfort by any of your actions do not repeat it. Respect other people's boundaries and insist that others show respect to your boundaries too.

**Ms. Vijaya Nagarajan**  
Vice Principal (Academics)





1. वह कौन सी चीज है जिसे जितना ही साफ़ किया जाता है वो उतना ही काला होजाता है?
2. ऐसा शब्द बताइए कि जिससे फूल, मिठाई और फल बन जाए ?
3. ऐसी कौन सी जगह है, जहाँ पर सड़क है पर गाड़ी नहीं, जंगल है पर पेड़ नहीं और शहर है पर घर नहीं ?
4. ऐसी कौन सी चीज है जो महीने में एक बार आपके पास आती है लेकिन सिर्फ 24 घंटे बाद वापस भी चली जाती है ?
5. नाम के आगे ताला, नाम के पीछे चाबी बताओ कौन-सी है यह सब्जी ?
6. ऐसी कौन सी चीज है जो फटने पर आवाज नहीं करती ?
7. अगर आप अँधेरे कमरे में एक मोमबत्ती, एक लालटेन और एक दीए के साथ हैं तो सबसे पहले आप क्या जलाएँगे ?
8. ऐसा रूम, जिसकी खिड़की ना दरवाजा तो बताओ क्या ?
9. सिर काटो तो तोला जाऊँ, पैर काटे एक वृक्ष कहलाऊँ, कमर कटे तो जंगल जानो जरा मुझे तो तुम पहचानो ।
10. मैं पहली बार मुफ्त में आता हूँ, दूसरी बार भी मुफ्त में आता हूँ, तीसरी बार चाहिए तो पैसे लगेंगे ।
11. ऐसी कौन सी चीज है जो पैदा तो समुद्र में होती है लेकिन रहती घर में है ?
12. ऐसी कौन सी चीज है जो सारे बच्चे खाते हैं लेकिन अच्छी किसी को नहीं लगती है ?
13. वह क्या चीज है जो पानी में गिरने पर भी गीली नहीं होती ?
14. वह कौन है जिसे डूबते देख कोई बचाने नहीं आता ?
15. ऐसा क्या है जिसको काटने के बाद आप गाना गाने लगते हैं ?

**Answers :**

- |   |                 |
|---|-----------------|
| 1. ब्लैक बोर्ड  | 9. बटन          |
| 2. गुलाब जामुन (मिठाई) = गुलाब ( फूल )और जामुन ( फल ) | 10. दाँत        |
| 3. नक्शा  | 11. नमक         |
| 4. तारीख  | 12. डाँट-फटकार  |
| 5. लौकी   | 13. परछाई       |
| 6. दूध  | 14. सूरज        |
| 7. माचिस  | 15. बर्थ डे केक |
| 8. मशरूम  |                 |



**MS. PADMA KANNAN**  
HOD - HINDI DEPARTMENT



स्वस्तिप्रजाभ्यः परिपालयन्तां न्यायेन मार्गेण महीं महीशाः ।  
गोब्राह्मणेभ्यः शुभमस्तु नित्यं लोकाः समस्ताः सुखिनो भवन्तु ॥

**Transliteration:**

svastiprajābhyaḥ paripālayantāṃ nyāyena mārgēṇ mahīṃ mahīśāḥ ।  
gobrāhmaṇebhyaḥ śubhamastu nityaṃ lokāḥ samastāḥ sukhino bhavantu ॥

**English Translation:**

May the well-being of all people be protected By the powerful and mighty  
leaders be with law and justice.

May the success be with all divinity and scholars, May all (samastāḥ)  
the worlds (lokāḥ) become (bhavantu) happy (sukhino).



**MR. MEDURI SRINIVAS**  
HOD - SANSKRIT DEPARTMENT

Do you enjoy going to the beach? Let's know more about oceans...

The sea is one of the most important forms of entertainment for man since ancient times when a man gets rid of his thoughts and concerns. Man used to spend the time thinking about the wonderful sea view and watching the successive waves breaking against the shore. Waves are among the most familiar features in the ocean.

The ocean produces over half of the world's oxygen and absorbs 50 times more carbon dioxide than our atmosphere. They cover 70 per cent of the Earth's surface, and the ocean transports heat from the equator to the poles, regulating our climate and weather patterns.

Oceans regulate the earth's climate, play a critical role in the hydrological cycle, sustain a large portion of Earth's bio - diversity, supply food and mineral resources, constitute an important medium of national defence, provide an inexpensive means of transportation as well as the final destination of many waste products.

Which subjects are integrated with oceanography?

Oceanography integrates Chemistry, Geology, Meteorology, Biology and other branches of science to the study of the ocean. It is especially important today as climate change, pollution, and other factors are threatening the ocean and its marine life.

The function of the oceanographical department:

They investigate ocean temperature, density, waves, tides, and currents. They also focus on how the ocean interacts with Earth's atmosphere to produce our weather and climate

Careers related to oceanography:

Marine biologist, Marine technician, Professor in the oceanography department, Marine researcher, Marine chemist, Marine engineer, Ecologist, and Marine geologist.



**MS. JEYASHREE**  
SOCIAL SCIENCE DEPARTMENT

## THE POWER OF PRAYER

4

“Pray to God. He is full of compassion. Will he not listen to the words of his devotee? He is the kalpataru (Wish-yielding tree). You will get whatever you desire from him” says Sri Ramakrishna Paramahansa. In the mad pursuit for materialistic things, we sometimes turn the divine relationship into a commercial one. On this planet, we comprehend only one language, that is “trade”. We even sometimes try to bribe the eternal He. “O lord please give me this and I shall give you that”

This is nothing but bargaining which God does not like. God is fond of love and not materialistic things. Give him love, pure love; if he is pleased, he will give in return whatever we need, even unasked. A sceptic mind may ask, “How to pray to one whom we have never seen? What is the proof of his existence? If he is far away in heaven, how can our prayer be heard? The answer is, he is not somewhere there, but very much within our heart as pure consciousness. He is the ear of the ear, eye of the eye and mind of the mind. Sometimes our prayers are not heard because our prayers are mere mechanical in nature. Perhaps we are impatient and expect a quick response from God. Also, we are confused about what to ask and what not to ask. But, God is merciful. He is like a wish-fulfilling tree. He is all-knowing and all-powerful. He

is the embodiment of love and compassion and is ever ready to help us. He will certainly grant our prayers, provided we make them a little effective with true devotion and love for him. God is like a shock-absorber, and so we can easily free ourselves from worries, tension and depression, just by opening our heart to him through prayers.

Through prayer, we can even destroy the effect of prarabdha karma (past actions affecting the current). It is God who set in motion the law of Karma. He can certainly change it, if we pray sincerely to him. Remember, Markandeya who was destined to die at the age of seven, was blessed with a long life, because of his sincere prayer to Lord Shiva. Therefore, practice of prayer systematically replaces negative thoughts with positive and divine ones, leading to purity, strength, courage and ultimately changes the character of a person. An intense and sincere prayer awakens spiritual consciousness. Many saints and prophets have realized God only through sincere prayers. So, let us seek divine guidance, remember him and pray to him for right understanding.



**MS. AJITHA**  
ENGLISH DEPARTMENT



## MY STORY

Hi all. Many of you don't know me and even I may not know you. But today I am here to share my experience of what it is like to be "fat". It's an incident which happened 9 years ago. I was in grade- I. A happy go lucky, sweet little soul. It was time for winter break and everyone was gearing up for the school fair. All were ready and the fair started. I was all alone playing the games I liked and eating the things I liked (I was always interested in food but did not neglect my health. This liking of food made me fat). I spent all my money and enjoyed a lot. I was satisfied and was returning to my friends. That's when a senior (not sure which grade) bumped into me. Instead of apologising he called me a 'saandh' (fat bull) instead. He just left without looking back and I was left in absolute shock. Back then at that age, it really did not matter much. But that word got permanently fixed in my mind. As time passed, and I was becoming beauty conscious. I knew I was fat and that made me develop an inferiority complex. It was reflected in all my physical activities. I neither danced in front of everyone nor did I play sports with confidence. Even to this day, I need great determination to take on activities which will bring me into public eye. I've shared my story to tell everyone to please be mindful before you speak, because one word you say can shatter someone.



**NAUSHEEN SHAIK**  
**GRADE X SECTION 'A'**

*Student Articles...*



**NEWSLETTER**  
**BY GRADE IX & X**

## POEM ON HONESTY

Speaking truth leads to  
The elite feeling of euphoria  
it reduces criminal activity  
by making people do the right thing  
it strengthens the unity  
by strengthening people's honesty



**MUTHUKUMARAN M**  
GRADE X SECTION 'B'

## BE MINDFUL

If you are Mindful  
Everyone will think you are delightful  
And not frightful  
People will not think that you are spiteful  
So Be Mindful!



**SHEKINAH JASMINE G**  
GRADE IX SECTION 'A'

## CAN MONEY BUY HAPPINESS ?

We all know that money plays a major role in our lives. Everyone in this world has or had problems financially. But, when it comes to the main question, can money really buy happiness, it entirely depends on the perspective of the person. For example, a person may have a lot of problems financially. In that case, money can give him some happiness and most importantly, satisfaction. People who don't struggle financially could use the money to help others who are in need of money- "There is no delight in owning

anything unshared." -an opinion of Vinod Narayan. This act may give them happiness. But eternal happiness only comes by doing what we love and having more money allows us to pursue what we want to do in life without any restrictions financially.



**AFRAZ ALI M**  
GRADE X SECTION 'C'

## NAVIC's MISSION IN INDIA

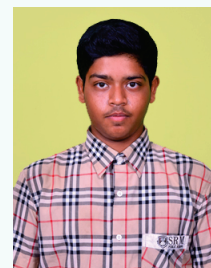
NavIC's mission in India is to provide a navigation system for every region in India. This mission was announced in the year 2012, started in the year 2013 and ended in 2018 with 7 satellites orbiting around the earth.

The thought of this mission was born in the year 1999 during the Kargil war. India asked the help of the US to share the GPS (Global Positioning System) data, but they denied it. So, Indian Scientists started the mission of IRNSS to set up its own Geo Data System.

## MINDFULNESS

Life is full of complications my dear friends. It takes guts to make the right choice. But the path of expectations that the world forces us into, leads us in another direction. There exist over hundreds or maybe thousands of choices that are provided but one in a million matches perfectly but most of us are unable to take up that. Before further we do, we need to know the basics of choice making. And of course, once a choice is made incorrectly or when we realize that the choice made is false we tend to regret or maybe perhaps harm ourselves for performing badly. And that's where mindfulness takes its place. Mindfulness does not mean fullness of mind, it's the awareness of the environment around us,

This system provides services like vehicle tracking, fleet management, and integration with mobile phones, terrestrial, aerial and marine navigation, disaster management, precise timing, mapping and geodetic data capture, and terrestrial navigation aid for hikers and travellers, and visual and voice navigation for drivers. It is used by India, Nepal, Bangladesh, and Bhutan.



**ARAVIND SREE U**  
GRADE IX SECTION 'D'

the act of humbleness and most importantly counts as balancefulness. No matter what we have been or going through, it matters how you are going to handle that situation, no matter the risks. It's mostly similar to meditation but of the mind. To attain mindfulness, one must encourage oneself to do something that relaxes or eases the momentary issues away, like allowing yourself for a walk maybe on a beach, or breathe the fresh cool air that touches your skin and gives you the chills or listen to the melodious music or sounds created by the birds. And don't worry, no matter the risks or situations you face, you are going to be alright. It's the belief in oneself that keeps the person going.



**NAVIYA**  
GRADE IX SECTION 'D'

*Student Articles...*



**NEWSLETTER**  
BY GRADE IX & X



# TIME MANAGEMENT

In today's scenario, we are so busy in our life that we are not getting time for ourselves. Due to which time management has become the need of the hour.

Time management is playing a major role in everyone's life. In today's world students were engaged in a lot of activities like sports, studies and other extra activities. Because of this they don't get time to enjoy their childhood.

Time management helps them to plan their work accordingly so that, they could study as well as enjoy their childhood. Individuals who stick to a time plan are the ones who realize their goals and objectives within the shortest possible time span.

Let us go through some Time Management Techniques:

- \* Set your Priorities
- \* Understand the difference between urgent and important work
- \* Stay focused
- \* Set realistic and achievable targets for yourself
- \* Do not overburden yourself.
- \* Be disciplined and punctual.
- \* Develop the habit of using an organizer.

*"Yesterday is gone.  
Tomorrow has not yet come.  
We have only today. Let us begin."*

- Mother Teresa



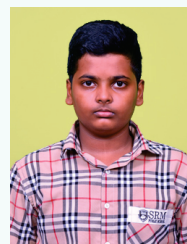
**SRIVIDHYA V**  
GRADE IX SECTION 'D'

## "WORLD WAR I - CAUSES AND IMPACT"

It started with the assassination of the archduke of Austria-Hungary by a member of the Serbian minority. Suspecting the intervention of the Serbian Government, Austria-Hungary declared war on Serbia. Naturally, Germany, Austria-Hungary's Ally teamed up with Austria-Hungary. This Alliance was known as the Central Powers. In response to this alliance, Serbia allied with France and Russia. Since the Russian military was highly unstable, Germans believed it would take time for the Russians to prepare their military and planned to annex French territory. However, a humongous problem lay ahead: The French defensive forts along the French-German Border. Passing through the French forts was next to impossible. Moreover, it would take time for Germany to penetrate the forts and the Russians would be ready with their military. The Germans tried to enter France through Belgium and start invading Belgium. This drew the attention of Great Britain and Britain joined the allied powers (i.e., France, Serbia, Russia). The Russians were quick and flanked Germany from the east forcing Germany to move troops to eastern front. Due to military non-co-operation between Austria-Hungary and Germany, Russia occupies some regions of Austria-Hungary. In the Western side, German troops are met with the allied troops. Germany retreated due to flanking threats and conducted trench warfare. This situation continued for a long period of time. The whole world was in this situation: Germany, Austria-Hungary vs Britain, France, Serbia. The situation changed when the Ottoman Empire and Bulgaria joined the Central Powers. The Ottoman Empire failed 2 attempts to invade Russia. The

Germans, desperate to win the war, used Chlorine gas on the Allied Trenches and murdered thousands of civilians. Germany helped a famous communist, Vladimir Lenin to get to Russia and soon the Russian government was overthrown and Russia withdrew from the war. Italy and Japan join the Allies.

Britain occupied the south of the Ottoman Empire due to its rich oil wealth. America was drawn into the sides of the Allies. This was mainly due to the fact that a German U-boat sunk a British Naval vessel namely RMS Lusitania containing 138 Americans. The last straw was when a message was intercepted and recognized as a German message to Mexico to fuel enmity against America. With the American, British, French, Italian and Japanese troops closing in on Germany and the Ottoman Empire from all sides, they surrendered. Thus, fell Germany and along with it the Central Powers. After WWI, the Treaty of Versailles was signed. The Treaty forbade German military activities in the Rhineland, scrapped its Air-Force, and demanded a large sum of money to be paid as compensation. It also reduces the German military to 100,000 personnel only. Thus, ended World War I and the lives of about 40 million people.



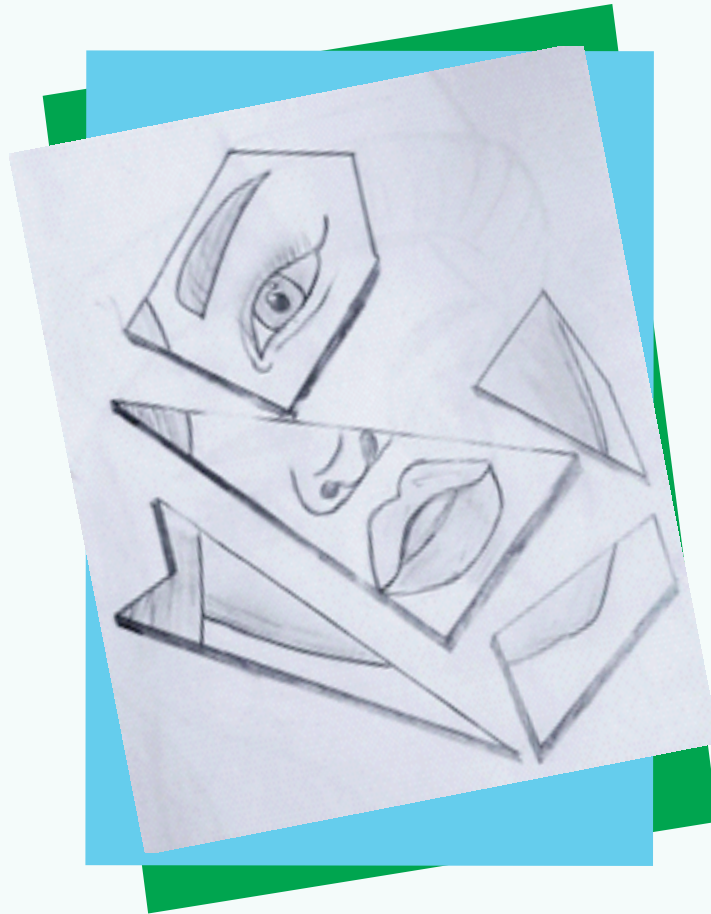
**KARTHIK SARVESH R**  
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*Student Articles...*



**NEWSLETTER**  
BY GRADE IX & X

# Artistic Expressions...



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**HARSHA VARDHAN V. S**  
**GRADE IX SECTION 'A'**

*Artistic Expressions...*



**NEWSLETTER**  
**BY GRADE IX & X**

# Artistic Expressions...



**SIVASANKARI P**  
GRADE X SECTION 'A'



**KRISHITA SHREE**  
GRADE X SECTION 'C'



**NEWSLETTER**  
BY GRADE IX & X



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