



SRM

PUBLIC SCHOOL

A SENIOR SECONDARY SCHOOL

Educating Minds. Enriching Lives

Abhivyakti
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Newsletter

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BY GRADE XI



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From The Desk Of the
**VICE-PRINCIPAL
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Plan your work and Work your plans

Planning your work, is vital for ensuring success. Be it planning for the day, or a year or your life, planning is essential to put us on the road to success. If you have set a goal or decided on a task to be achieved, the next step is to plan how we are going to achieve the target. If we do not plan systematically, the chances of success are very dim. You might end up wasting time by a trial and error method. I am sure you will agree that Time is of great essence when we plan for a successful future. So we all agree that planning is of utmost importance to achieve our goals.

However, is success guaranteed if you have finalised on what you want to achieve and you have also planned the road map to your destination? Well the answer is NO. There is yet another important element that will decide your success. And that is - 'working your plans'. You must break your plan into smaller goals and set about achieving them. Remember, Rome was not built in a day.

For any big success hard work and consistent efforts are very important. It takes time for big things to happen but we need to move towards our goal by taking small but steady steps. It is no doubt essential to dream but dreaming alone cannot make the dreams come true. Working on your plan is very essential to ensuring success. If you plan your work and work your plans there is no doubt that success will be yours.

Vijayalakshmi Nagarajan
Vice Principal (Academics)



NANOSCIENCE: BIG THINGS FROM A TINY WORLD

1

Think small. Think really, really small—smaller than anything you ever saw through a conventional microscope at school. Think atoms and molecules, and now you're there. You're down at the nanoscale, where scientists are learning about these fundamental components of matter and are putting them to use in beneficial ways. Working at the nanoscale, scientists are creating new tools, products, and technologies to address some of the world's biggest challenges, including:

- ☑ smaller, faster, more portable electronics with larger data storage capacity.
- ☑ medical devices and drugs to detect and treat diseases more effectively with fewer side effects.
- ☑ low-cost filters to provide clean drinking water.
- ☑ stronger, lighter, more durable materials.
- ☑ techniques to clean up hazardous chemicals in the environment.
- ☑ sensors to detect and identify harmful chemical or biological agents.

VISUALIZING THE NANOSCALE

Just how small is “nano?” In the International System of Units, the prefix “nano” means one-billionth, or 10^{-9} ; so one nanometre is one-billionth of a meter. It's difficult to imagine just how small that is, so here are some examples:

- ☑ A sheet of paper is about 100,000 nanometres thick.
- ☑ A strand of hair is 80,000 –100,000 nanometres in diameter.
- ☑ There are 25,400,000 nanometres per inch.
- ☑ Your fingernails grow about one nanometre per second!

- ☑ Though size is the distinguishing feature of the nanoscale world, it isn't what makes this world so interesting to researchers. One reason these tiny particles are interesting is that they obey a different set of rules than the ones you and I are used to.

INTO THE FUTURE

Today, many of our nation's most creative scientists and engineers are finding new ways to use nanotechnology to improve the world in which we live. These researchers envision a world in which new materials, designed at the atomic and molecular level, provide cost-effective methods for harnessing energy sources through movement. They foresee nano-enabled diagnostics that will allow doctors to detect disease at its earliest stages—and the treatment of illnesses such as cancer, heart disease, and diabetes with safer and more effective medicines. We may soon develop methods of growing artificial muscle to give improved mobility to amputees and wounded veterans. Vaccine scaffolds could enable faster and more effective inoculations for the flu and many other contagious diseases. Although there are many research challenges ahead, nanotechnology is already producing a wide range of beneficial materials, and shows promise for more breakthroughs in many fields. Scientific inquiry at the level of molecules has opened up a world of new opportunities.



MRS. AISHWARYALAKSHMI
CLASSTEACHER XI 'B'

“What wisdom can you find that is greater than kindness?” A perfect society would be a climate in which random kindness was a natural part of everybody's everyday life. Kindness is a nice word that should be included in daily habits. It often includes compassion speaking the truth because it is useful to others. Careful communication is an integral aspect of a trustworthy friendship in a caring manner. It is a perfect way to encourage you all to understand how important kindness is to create human relationships. Always, being kind requires bravery and energy. Helping each other and loving without expecting in return is one of the biggest values of being human.

In fact, acts of kindness bring a magical feeling of honesty, purity, joy and integrity.

For example, it impacts the moderator mentally as well as physically by performing a spontaneous act of kindness it makes you happier when you do that task. This world gives a positive impression of being kind to others, making it a better place to live. We must live in this world so that behaviour, actions and even our thoughts do not harm others.



MRS. AMUDHAVALLI
COMPUTER SCIENCE DEPARTMENT

The Educators write...



NEWSLETTER
BY GRADE XI

NEVER GIVE UP

No matter what is going on
 Never give up
 Too much energy in your country
 is spent developing the mind
 Instead of the heart
 Be compassionate
 Not just to your friends
 But to everyone
 Be compassionate
 Work for peace
 In your heart
 and in world
 Work for peace
 And I say again



'NEVER GIVE UP'

D.R. NARAIN KARTHIGEYAN
XI 'A'

AMAZING FACTS ABOUT SPACE

1. On Venus, it snows metal and rains Sulfuric acid.
2. Coca-Cola was the first commercial soft drink that was ever consumed in Space.
3. The moon is moving away from earth at a rate of 1.6 inch per year!
4. Saturn is the only planet that could float in water.
5. A sunset on mars is blue.
6. The first living mammal to go into space was a dog named 'Laika' from Russia.
7. There is a planet (55 Cancri e) half the radius of Earth with a Surface made up of diamonds.
8. As space has no gravity, pens won't work.
9. In China, the Milky Way is known as the "Silver River".
10. The word "Astronaut" means "star-sailor" in its origin.
11. If Saturn's rings were 3 ft long, they would be 10,000 times thinner than a razor blade.

RIDDLES

1. I have no life but I can die who am I?

Ans: Battery

2. What is always in front of us but can't be seen?

Ans: The future

3. I am full of keys but I can't open any door.

Who am I?

Ans: A piano

4. People always buy me to eat but they never eat me.

Who am I?

Ans: Plate

5. Which English word has three consecutive double letters?

Ans: Bookkeeper



ARYA S
XI 'A'



R S RAHUL VIGNESH
XI 'B'

BOX OF PIZZA

It was Sunday, A day when most of the families would go for shopping. Who would be tensed in this carefree Sunday (Unless they have homework or projects pending). But there was an intense situation in one boy's life, his name was Rahul. He was walking around the house up and down the stairs. He checked his phone several times once in a while. He called his Mom and Dad several times and "What is happening? Why is it delayed? " They replied, "It will be there soon, I guess and don't call for this and we will be home before 7." Rahul was actually hungry. He didn't know how to cook, his parents went shopping and ordered him a pizza. Rahul, out of his patience, called the delivery man's number and the delivery man ignored it. After two minutes or so, the doorbell rang. Outside, the delivery man was taking his scooter away from the house in a hurry. Rahul, in anticipation, ran over to the gate of his house, seeing whether the pizza had been delivered or not. What he found was Ants carrying small pieces of rice grains along the tiles. The pizza driver was having his last order of his day. When he was four streets away from the house, a huge group of dogs started to chase him. Out of fear, he started to drive fast and didn't notice the speed breaker. His scooter bounced so hard from the speed breaker, the box which contained the pizza fell down and the dogs caught it. The delivery man didn't notice the missing box until he reached the destination. So, he ran away after pressing the doorbell. Rahul started to freak out because he hadn't eaten anything for nearly 6 hours. Around 7: 15, his parents came home noticing that their child had been crying. When they asked, "What happened? Why

are you crying?" He replied, "I still didn't eat anything." His parents took a box out of the shopping bag and it instantly made him happy. It was a BOX OF PIZZA. When he opened the pizza though, he found a slice of pizza remaining in it. He immediately called his parents and asked why there was only a slice of pizza in the box. His parents were so confused by the situation there. Then they flipped the pizza box to notice that it wasn't their pizza box. They also realised that some of the things that they bought while shopping were missing. They recalled what happened on the way.... Three streets away from their house, Rahul's best friend Kumar lived in a blue coloured building with his family. Kumar's family, unfortunately, were locked out of their house because they lost their key and spent all the money in hand. They were waiting for the crew to repair the door. Kumar felt really hungry as they had come back from shopping after a long time. They saw a group of dogs standing around a box. The family chased the dogs away and found out that they were standing around a pizza box. The family were happy because the pizza box was sealed and dogs hadn't been able to eat it. They happily ate the pizza but Kumar wanted more. He noticed that Rahul's Parents were carrying a pizza box in a bag. He told his family that Rahul's family is moving across their street. So the family called them for a talk. In the meantime, Kumar sneaked behind their back and took the pizza out of the box and exchanging the pizza box he ate. He kept the pizza box aside so both the families wouldn't notice it. Later, Rahul's parents went to their home and Kumar enjoyed his pizza. Meanwhile, three streets away, his best friend Rahul was crying for a BOX OF PIZZA....



SURYA
XI 'A'

BLUE OF THE SEA



Once at the sea,
Never return back.
So ask yourself,
Are you hiding from the eyes of the world?
Ask the world itself
Is it time yet?
The world is so chaotic, like the ocean.
You're just one tiny jellyfish in the depths of what hasn't been defined.
It's like midnight, like the blue of the sea cradled by the moonlight
It's like verdant, like the very green of the hill kissed by summer delight
It is coral, as pink as the roses that grow in rich gardens
It is very crimson, red like the autumn leaves that lay abandoned.



MS. SADHANA SRIRAM
XI 'C'

CLASSICAL DANCE

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Bharatanatyam is a major form of Indian classical dance that originated in Tamil Nadu. The Natya Shastra by Bharata Muni and Abhinaya Darpana (Mirror of Gesture) by Nandikeshvara are considered to be the original sources of Bharatanatyam. The dance form is also briefly mentioned in Kannada text Manasollasa written by Someshwara III. It has flourished in the temples and courts of southern India since ancient times. It is one of the eight widely recognized Indian classical dance forms, and expresses South Indian religious themes and spiritual ideas, particularly of Shaivism, Vaishnavism, and Shaktism, collectively Hinduism.

A description of Bharatanatyam from the 2nd century CE can be found in the ancient Tamil epic Silappatikaram, while temple sculptures of the 6th to 9th century CE suggest it was a highly refined performance art by the mid-1st millennium CE. Bharatanatyam is the oldest classical dance tradition in India. The dance form was prevalent in South India, and several books have codified it, such as the Natya Shastra by Bharata Muni. Bharatanatyam is the state dance form of Tamil Nadu.



MS. L.N. RISHITHA
XI 'C'

PARENTAL PRESSURE

Social standing is a big cause of parental pressure. This causes stress, anger issues, physical aggression and depression for most teenagers as it is the time when most go through physical and mental changes. Parental pressure to excel can increase kids' risk of stress, as well as have a negative impact on their well-being. The idea of excellence and success is often generalised by parents based on how others are performing.

"A lot of parents will do anything for their kids except let them be themselves." –Banksy.



R.G.SHIVANI & SADHANA SRIRAM
XI 'C'



SILAMBAM

It is one of the oldest martial arts in the world. The term silambam contains a meaning which itself reveals about the sport, silam stands for a 'mountain' and Bam stands for 'Bamboo' which is the main weapon used in this form of martial arts. It is closely linked to the Kerala martial art Kalaripayattu.

THE USE OF SILAMBAM.

Silambam is a good form of cardio workout that improves blood circulation and heart function. Burn calories, helps in weight reduction and shaping of the body. Relieves mental stress, Laziness and fatigue improves body flexibility and reflexive movement of joints and muscles.



MS. NAGATHAKSHAYANI.M
XI 'C'

MANKAD:A RULE IN CRICKET

In the sport of cricket, Mankading (named after Indian international Vinoo Mankad) is the informal name given to running out the non-striking batsman whilst he is backing up. The practice is perfectly legal within the Laws of Cricket. Law 41.16, which pertains to the "Non-striker leaving his/her ground early," states: "If the non-striker is out of his/her ground at any time from the moment the ball comes into play until the instant when the bowler would normally have been expected to release the ball, the non-striker is liable to be run out." 'Mankad' method of dismissing batters, New Marylebone Cricket Club (MCC) has announced its new code of Laws for 2022, which will come into force from October 1.



TARUN ABISHEK
XI 'C'

KABADDI THE ULTIMATE SPORT

Kabaddi is a team sport and it is said to have originated from Tamil Nadu, India 4000 years ago. Harjeet Brar Bajakhana is the father of kabaddi. There are two teams with 7 players and 4 substitutions in each. They take turns sending a "raider" into the other half. This is to win points by tackling members of the opposing team. Then the raider tries to return to his own half. He holds his breath and chants the word "Kabaddi" during the whole raid. Playing kabaddi improves both your upper body and lower body strength and helps your calf muscles stretch. It also increases your strength, stamina, agility, multi-tasking abilities and enhances your presence of mind.



SABARIISHWAR
XI 'C'

BEING GRATEFUL IS IMPORTANT

Gratitude is defined as expressing thankfulness. We cannot easily will ourselves to feel grateful, less depressed, or happy. Feelings follow from the way we look at the world, thoughts we have about the way things are, the way things should be, and the distance covered by us in life. However, it is important to be grateful because it shows that we appreciate each other and that we really care about what people do for us. Remembering the bad can help us to appreciate the good. Try to realize and appreciate just how much better your life is now. The point is not to ignore or forget the past but to develop a fruitful frame of reference in the present. Within life you have to focus on what you do have instead of what you don't have. If you have stopped being grateful, you have fallen asleep in life. Most of us have shelter, food, good friends and a loving family. That is all we need. We have to show that we appreciate it. We have to be grateful for what we have, because some people aren't as fortunate as us.

So, be grateful for what you have at present it will definitely make your life fruitful.



ABHINAYA SARASWATHI. S
XI 'A'

BOOK REVIEW

Name of the book : The Falcon's Eye
Author : S. Nathan
Genre : High fantasy

The book, though slightly long in the quantum of pages, reads very quickly and I was thrown into the thick of things right from the beginning. It's epic fantasy with a strong female lead and a great plot. Not much of beating around the bush, or too much of context.

The universe of Aundour has been beautifully built up by the author and the simple, yet striking description of the various regions and their history helps us build a strong mental picture of the world and the characters that inhabit them. The narrative style is deep enough that we sympathize and empathize with the characters and even start taking sides in the various altercations which happen between them - a good sign of engagement.

The story is clean and flows easily on the page, taking us away into another world, but it has frighteningly accurate similarities to our own world, such as political sabotage (the assassination) and abandoned by parents. Many people can relate to Ava (lead character), and will be fascinated for hours trying to figure out similarities and analyze them. But this is not a story to be analyzed. This is a story intended to take you away from the real world for a few hours and it certainly does its job.

I think the only downside is Ava's character development. I feel she could have grown up a bit more during her ordeals in the story, but she didn't quite live up to her potential. Other than that, this was one of the best fantasy novels I have read.

A wonderful start to what promises to be a scintillating saga, complete with lovable characters, action packed sequences, and some revered reference to the other epics in this genre. Fans of the genre and newbies alike will devour it! A definite must read, in my opinion.



HARIPRIYA SRINIVASAN
XI 'A'

WHY ARE MOST PARENTS OVERPROTECTIVE AND STRICT ?

There are times when I worry a lot that my parents are overprotective and they don't give me enough freedom . But on the other hand ,parents do everything to keep us protective .

There might be many reasons why parents are strict and overprotective .

There are two main reasons why they don't give you enough freedom .The first reason is that they lack enough trust in you . When they don't trust you enough ,they restrict your freedom .The second reason is that they just want to keep you safe at any cost .

The only way to gain our freedom back is to make them understand that we are grown enough and we can take good care of ourselves .When they don't trust you enough ,the only solution is to go and talk to them and spend quality time with them . Communication is very important to maintain any relationship .

When you start realizing that they have started to let you free it is very important to maintain their trust .We should understand that their love for us is the reason for their overprotectiveness .When you start understanding your parents and they trust you enough ,you will automatically start acquiring your freedom back

“ Just like plants needs light and space to grow ,a child needs love and freedom to unfold“

FACTS

1. "New car smell" is the scent of dozens of chemicals.
2. The world wastes about 1 billion metric tons of food each year.
3. Water makes different pouring sounds depending on its temperature.
4. Sea lions can dance to a beat.
5. The world's oldest wooden wheel has been around for more than 5,000 years.
6. The eye of an ostrich is bigger than its brain.
7. 1,700 people become millionaires every day in the U.S
8. Smelling green apples helps with weight loss.
9. A snail has 2,500 teeth.
10. Leeches were used to predict the weather.

JAINI ANAND
XI 'A'



M.J.KANISH
XI 'A'

SOME AMAZING FACTS ON TECHNOLOGY

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Computers were called “Electronic Brains”

In the 1950s, personal computers were called “Electronic Brains” which is pretty accurate but still sounds a bit weird.

Wikipedia is run by thousands of bots

Most of us are aware that Wikipedia is just a crowd-sourced encyclopedia. What most don't know, or think of, is that the site is run by thousands of automated programs (bots). There are around 2456 bot tasks approved to carry out maintenance on the pages. Another random fact is that there are 54 million English Wikipedia pages.

Why the time is set to 9:41 on all Apple iPhone ads

If you haven't noticed, the Apple iPhone advertisements (in the ones they don't use a blank screen) always has the time set to 9:41 on the phone's screen. It might just seem like a randomly picked number but it actually has a reason. This was the exact time that Steve Jobs announced the first iPhone in 2007.

The first ever computer virus was called, “Creeper”

In 1971, Creeper was the first-ever computer virus developed. It was created as an experiment to see how it could spread between computers and displayed a message, “I'm the Creeper, catch me if you can!”

There's a reason why Facebook is blue

Facebook's logo and color scheme is a very normal blue color for a reason. Mark Zuckerberg, Facebook creator, is colorblind and the blue color is the clearest, richest color he is able to see. This means anyone else that's colorblind will also find the scheme appealing.

And there you have folks! Hope these random facts will make for interesting conversations and make you look super clever in front of friends and family!

JOEL JACOB
XI 'B'



AGNIPATH SCHEME

- Agnipath scheme was introduced on 14 June, 2022 for recruitment of soldiers to serve the country for a period of four years. The soldiers are said to be called Agniveers, which is said to be a new military rank in the Indian army. The scheme is scheduled to be implemented on September 2022.
- Upon the launch of the scheme, it was criticized for lack of consultation and public debate. Many claimed that this scheme doesn't guarantee the volunteers the longevity of their service to the nation. “After their four year period ends, what are they going to do with the Government's settlement when they are unemployed?” asked a volunteer who felt that this scheme doesn't do justice for the soldiers.
- Many protests were taken on hand after the launch of this scheme to withdraw it for the reasons said. In many parts of our country, trains were set on fire to gain the attraction of the government. By 17 June, 12 trains were set on fire, and the movement of 300 trains were affected. 214 trains were cancelled, 12 trains were diverted and 90 were terminated short of their destination.
- “There should have been more debate and discussion before bringing in the scheme. It makes little sense to bring such sweeping changes without engaging all stakeholders. However, now we must wait and watch how the scheme takes effect” said Param Vir Chakra Captain Bana Singh.
- After all the protests against the scheme, the Indian Government clearly denied to withdraw the scheme stating that it will secure the future of youths and help maintain a youthful profile of the armed forces.



PARITHI ILAMARRAN M
XI 'B'



NEWSLETTER
BY GRADE XI

1. JAMES WEBB SPACE TELESCOPE (JWST)

NASA's James Webb Space Telescope (JWST) is an infrared space observatory that launched on Dec 25, 2021. It took 30 days for the James Webb Space Telescope to travel nearly a million miles (1.5 million kilometres) to its permanent home: a Lagrange point — a gravitationally stable location in space.

**2. MAIN PURPOSE OF JWST**

The plan is to use the telescope to peer back so far that scientists will get a glimpse of the early days of the universe about 13.7 billion years ago and zoom in on closer cosmic objects like stars and its planets, even our own solar system, with sharper focus. According to NASA the James Webb Space Telescope will focus on four main areas:

- ☑ First light in the universe
- ☑ Assembly of galaxies in the early universe
- ☑ Birth of stars and protoplanetary systems
- ☑ New planets with the possibility of life.

3. Current progress

On Jan 8, 2022, NASA announced that the James Webb Space Telescope had successfully unfolded the giant primary mirror and is now fully deployed. The next step for Webb is the alignment of the 18 individual mirrors that make up the observatory's primary mirror. On April 28, 2022 the alignment process got completed and it took some sample photo. On July 12 it took its first photo. With this scientist are planning to know the unknown mysteries of our universe.

RAMPANT ISSUES IN OUR SOCIETY

As time goes by, the Rampants in our society keeps increasing. It is the responsibility of students to be aware and to spread awareness of crimes to reduce the current social evils and crimes in the next generation. Certainly, today's students are the citizens of our tomorrow's society. So, it is highly necessary to mould a student's mind and thought process in a good and sensible way. The existence of people with proper mental health is the key to crimeless society. A person with the positive mind set makes no bad. The motive to make any crime has a reason. So, it is the responsibility of a student to break that reason to create a beautiful society.

The student should be taught about crimes like stealing, bullying, corruption, bribe, child labour, abusing, sexual assault, breaking the traffic rules and most importantly about misusing the internet. The student should be well aware of the punishments for committing any crime. It is also necessary to provide good education to all the teenagers with essential living needs.

SANJAY HARSHAN.J
XI 'B'



KIRANSHREE
XI 'A'

THE BEAUTIFUL SUNSET

The sun was slowly going down the horizon. As it went down, the burning light of the sun got dull and it looked like a huge disc of orange and yellow. The sun's orange was mingling with the light blue colour of the sky and it produced a vast contrast of different colours. The scene was truly beautiful. Everything was almost still and the effect of the light made the scene look like one in a painting. The water was sparkling like diamonds in the light. The scene looks mesmerizing. The birds were also chirping and flying away to their homes. The pleasant breeze, the sweet smell of salty water mixed in sand and the sound waves completed the scene of a perfect sunset.



K.S.BAVITHRAN
XI 'A'

இயற்கையின் நிலை

ஒயில் மிகு இயற்கை தாய், நீ
மழையாய் வந்தாய்
ஒளியாய் ஆசிரவதித்தாய்
காற்றாய் கிளர்ந்தாய்
உயிராய் பிறந்தாய்
மரமாய் வளர்ந்தாய்
பறவையாய் பிறந்தாய்
மொத்தத்தில் என்னை கவர்ந்தாய்.

இயற்கையே! உன் அழகுள் அழிவு மறைந்துள்ளது,
உன் ஆற்றலிற்கு இணை உண்டோ?
புயலாய் பறக்க வைப்பாய்
நிலநடுக்கமாய் ஓட வைப்பாய்
வெள்ளமாய் மிதக்க வைப்பாய்
சுனாமிமாய் மூழ்க வைப்பாய்
வரட்சியாய் தவிக்க வைப்பாய்
எனினும் உயிரோட்டம் நீயே!

அழகும் ஆற்றலும் கொண்ட உன்னை,
கண்டு வியப்பதும் நானே
பழிக்கூறுவதும் நானே
பாழாக்குவதும் நானே
உன்னையும், என்னையும் அழிப்பதும் நானே.

எழுதுகோலைச் சிரைப்பதுபோல் - இயற்கையை
உபயோகிப்பதாய் எண்ணி உறுத்திக்கொண்டிருக்கிறோம்.
உணர்ந்தே செய்த குற்றத்திற்கு மாப்பு இல்லை - ஆகையால்,
மாறுவோம், மதிப்போம், மறுவாழ்வு தருவோம்.



J.SIVESH
XI 'B'

Calligraphy is the art of forming beautiful symbols by hand and arranging them well. It's a set of skills and techniques for positioning and inscribing words so they show integrity, harmony, some sort of ancestry, rhythm and creative fire. A calligrapher working in the modern world will typically refer to a 'calligraphy alphabet' to form the basis of attractive, hand-penned lettering. We know that calligraphy was important before the age of typewriters and computers. Like any creative career path, starting a career in calligraphy can be difficult at first, but it can also be extremely rewarding. If you're fond of artwork and enjoy penning letters and writing by hand then you'll find a lot to like in calligraphy.



R.G. SHIVANI
XI 'C'

Can video games make you smarter?

Most of the time when there is a discussion about video games it has to deal with the violence in them not being good for children. People who play games like "Call of Duty" had a bigger learning capacity than people who played games with no action.

Some games even involve team work with other people playing online. Playing video games are like training for your brain. Whenever your brain is trying to learn it is making new connections.

Elon Musk says playing video games is how he and 'many of the best software engineers' got into programming.

"I think video games are a very powerful force for getting young kids interested in technology; it has way bigger knock-on effects than people may realize," Musk said.

Elon Musk's favourite video games are Overwatch, Bioshock, Fallout.

Musk believes reality could be a very sophisticated video game. Even so, he's still striving to achieve great things.

S. TANISHQ
XI 'C'



ARTICLE ABOUT DRUM

Drum is a member of the percussion family. Drum were with us since the dawn of mankind. It was said to be risen in the lands of Greece, Mesopotamia and Rome. The first drums made from natural objects such as alligator skin appeared during 5500 BC. Over time, different woods were used for different drums. Beef wood was popular in the 1700's, and throughout the 1800's a popular choice for military drums was ebony. Drums remained mostly unchanged for many years, but new drum were found when modern people began exploring more and more of Africa and Cuba. Modern drum sets were introduced in the 20th century. The modern drum kit was developed in the vaudeville era during the 1920s in New Orleans. In 1917, a New Orleans band called "The Original Dixieland Jazz Band" recorded jazz tunes that became hits all over the country. These were the first official jazz recordings. The modern drum set has the following basic parts: Bass, Snare, Hi-hat, Tom 1, Tom 2, Floor tom, Ride symbol and Crash

SREENIDHI R
XI 'C'

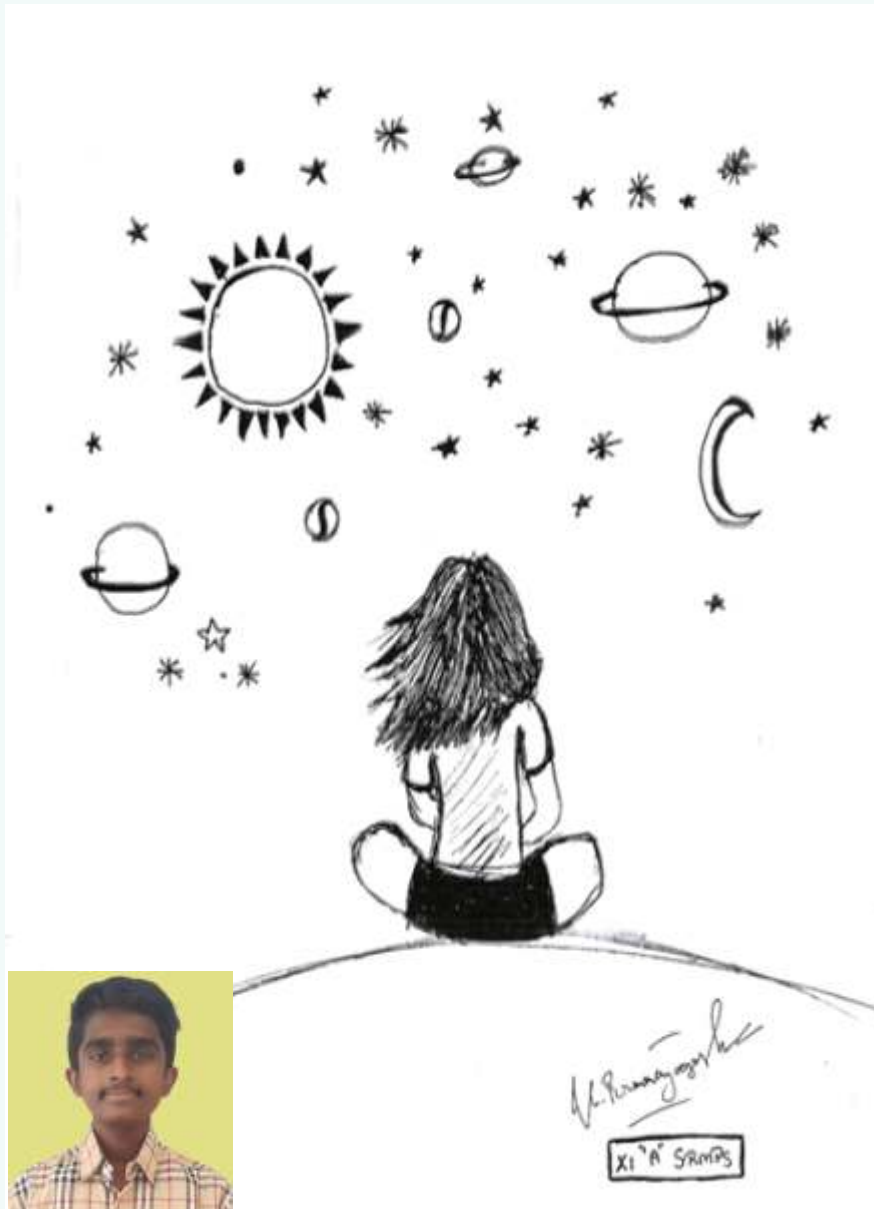


The Healing Power of Yoga

Yoga has been dominating amongst all the modern fitness regime. The power of yoga lies in the fact that it keeps us physically, mentally and emotionally fit. It helps us to maintain our body and mind. Yoga helps in increased flexibility, improves strength, helps in weight loss, decreases blood pressure and also improves the quality of sleep. Meditation can help strengthen will power, control compulsions and allows people to have better understanding about their thoughts and emotions. Undoubtedly, Yoga can give an All- Round Development of calmness, stress free mind and body fitness when it is practiced whole heartedly and with sincerity. Health is not only just a freedom from disease, the each system in the body should be in perfect balance and symmetry, which Yoga does profoundly. We all somehow, for some reason tend to ignore our health in pursuit of wealth and success, just take a deep breath and try think, "Earning money keeping health at stake might end up spending it on health with money at stake".

PVARSHAA
XI 'C'





PRANAVAYOGESH VG
XI 'A'

SARAVANA PRANESH
XI 'A'





RAKSHITHA A
XI 'A'



Artistic Expressions...



NEWSLETTER
BY GRADE XI

Artistic Expressions...



NEWSLETTER
BY GRADE XI



K.S.BAVITHRAN
XI 'A'



DIANA MARLENE F.J
XI 'A'

Artistic Expressions...



NEWSLETTER
BY GRADE XI

Artistic Expressions...



NEWSLETTER
BY GRADE XI



17



V.DERSHANA
XI 'A'



R.SRI RANJANI
XI 'A'



THARIQ AHAMED
XI 'A'

JULY 2022



AABIYA LAKSHMI
XI 'A'

Artistic Expressions...



NEWSLETTER
BY GRADE XI

Artistic Expressions...



NEWSLETTER
BY GRADE XI



JAINI ANAND
XI 'A'





Logeshwari .H
XI 'B'



LOGESHWARI.H
XI 'B'

Artistic Expressions...



NEWSLETTER
BY GRADE XI



VIKESH V
XI 'B'



PRISHA VELMURUGAN
XI 'B'



VATHSALYA
XI 'B'



P. S. PAVAN KALYAAN
XI 'B'

Artistic Expressions...



NEWSLETTER
BY GRADE XI



We congratulate Sanjai G.S. from Grade 8-A for Receiving 2nd prize in Chengalpattu District, Chess Olympiad from Shri. Mr.Anbil Mahesh Poyyamozi, Honourable Minister for School Education,Tamilnadu.



We congratulate Shrinidhi S from grade 8- B, has participated in "Chennai Open Karate Championship & League -2022" and won 3rd place in 12yrs - 13yrs category.



Our Students have been awarded with certificates, trophies and medals for their remarkable achievement in martial arts (karate) and music(vocal and instrumental). They were honoured by the vice principals and coordinator of the school by presenting the awards to them.Way to go students!



V. Krithikesh of class 4 - F has been awarded the third and the fourth prize in katha organised by KIMPO karate training association, Chennai. Great going!



Victorious moment for SRMPians

Students from grades 4 to 12 have demonstrated a laudable performance during an inter-school athlete meet held at Sri Ramachandra medical College organized by future academy. Our students excelled in various categories and had won laurels for the school.



Students receiving prizes for their commendable performance in an inter-school athletic meet organized by future academy. The winners were honoured during the school assembly



SRM Public school donated 100 LED street lights to M.k Dhandapani, Municipal chairman, Guduvancheri and Mrs Subhashini Gokulnathan, 29th Ward councillor, in the presence of municipal commissioner. This act of benevolence was performed by our beloved correspondent Shri M. Subramanian and the director Smt Manimangai Sathyanarayan in the presence of the principal Mrs Bhuvaneshwari.



The investiture ceremony was celebrated with great zest and dignity today. The ceremony was presided over by Ms.N. Geetha, Inspector of police, Guduvancheri police station. Our prefect body took the oath to uphold the school values and motto in high esteem. The proud parents were over the moon when sashes and badges were conferred on the newly elected council.

Awards & Achievements...



NEWSLETTER
BY GRADE XI



Sharik Hasan of grade VII has won the silver medal and bronze medal in a skating competition organised by the Speed skating Federation, Chennai



Azrey Joel of grade V has won the first prize in karate competition organised by Kempo international karate association Kudos kids!



SRMPS gets an award from India K-12 Award 2022 Chennai, for its astounding achievement in integrated holistic development programs. The principal, Mrs. Bhuvaneshwari, receives the award with overwhelming pride and joy.

Student Council Members



Tarunika Manoranjan
President



Rudrakshya Deb Barman
Vice President



Keerthana K
Secretary



G Punith Ramani Sai
Treasurer



Achudhan S H
School Head Boy



Disha Raj
School Head Girl



M.J.Kanish
Assistant School Head Boy



Madeeha Anjum Z
Assistant School Head Girl



Bhuvanesh T
Sports Secretary



Aadhiya G.R
Deputy Sports Secretary



P.Shreyya
Cultural Secretary



Haripriya Srinivasan
Deputy Cultural Secretary



Sonakshi S
Service Captain



K.S.Sriram
Deputy Service Captain



Lokeshwar C
Emerald House Captain



Logeshwari H
Assistant Emerald House Captain



P.Prathika
Ruby House Captain



Mithun Siva
Assistant Ruby House Captain



Sania Sulthana H
Sapphire House Captain



Sathya P
Assistant Sapphire House Captain



Kezia Sarah Vieyra
Topaz House Captain



Afrin M
Assistant Topaz House Captain

Student Council Members...



NEWSLETTER
BY GRADE XI

Student Council Members



Alshara G
Astronomy Club Secretary



A Saravanapranesh
Asst. Astronomy Club Secretary



Karthickeyan B
Debate Club Secretary



Sreenidhi R
Assistant Debate Club Secretary



S Dhanuja
Eco Club Secretary



R Sri Ranjani
Assistant Eco Club Secretary



Benita Jeba Rose S
Finger Craft Club Secretary



Roja Sri V
Asst. Finger Craft Club Secretary



Pranavkumar Balanuragan
Literary Club Secretary



Sarthak Sameer Bal
Assistant Literary Club Secretary



Padmajayalakshmi Gunawarthaasrathy
Mock United Nation Club Secretary



Sathya Srinam
Asst. Mock United Nation Club Secretary



Dheetchanya Mohan
Movie Making Club Secretary



Abhinaya Saraswati
Asst. Movie Making Club Secretary



Nandhitha TV
Photography Club Secretary



Dhivya Sree V S
Asst. Photography Club Secretary



Aseel A
Quality Circle Club Secretary



K. Hiranyashree
Asst. Quality Circle Club Secretary



Jacob Rowan Michael S
School Band Club Secretary



Joel Jacob
Asst. School Band Club Secretary



J Nishitha Sherin
Scouts & Guides Club Secretary



Tarun Abishek
Asst. Scouts & Guides Club Secretary



Yashwanth Rajiv V R
Theatre Club Secretary



Diana Marlene F J
Assistant Theatre Club Secretary

Admission for 2022-23 Open for Grade XI

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 (044) - 6749 7700 | +91 - 73396 02555

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